

Hello Wellness Warriors!
Minutes for meeting Jan 18th 2023

Present: Jenna Tousignant, Amanda Walsh, Nan Soule, Wendy Berkeley, Pete Demerritt

Discussed Wellness Fair. Everyone please look at the google doc link above. If you see an item that you have a connection with or that is tied to your name from the previous fair planning, feel free to put your name in the doc and go ahead and contact folks. If you have a great idea, please go ahead and add it! Amanda will ask Jim Lampron to emcee. We will ask Pete to come up with a physical activity/challenge for kids to do to earn their dessert. Nan will ask Interact Club for volunteers to help him with this. Nan will ask the Culinary students to make a healthy cookie for dessert. Mr. Fox will donate two compost totes for the event.

Pete mentioned the Governor's 90 Day fitness challenge and will invite staff and students to participate.

Respectfully submitted,
Jenna Tousignant